


Event Details	
14th March 2021	
The Campus	
Cnr of Main Rd and Sloane Street, Bryanston <b>What3Words:</b> <a href="https://w3w.co/charmingly.massing.chills">https://w3w.co/charmingly.massing.chills</a>	



**Rand  
Orienteering  
Club**  
[www.roc.org.za](http://www.roc.org.za)

What is Orienteering
A competitive or non-competitive recreational activity in which participants use a map and compass to navigate between checkpoints along an unfamiliar route.

COVID-19 Precautions
<ul style="list-style-type: none"> <li>• Screening questionnaire must be answered on entry and you may also be required to provide additional information on the day</li> <li>• Masks to be worn at all times except while out running your course</li> <li>• There will be no prize giving, please leave the area as soon as you have completed your run no gatherings to discuss your course.</li> <li>• There will be no registration table, proceed directly to the start where you will be checked in by the official on duty.</li> <li>• <a href="https://www.orienteeing.co.za/wp-content/uploads/2021/01/SAOF-COVID19-Guidelines_Aug2020-v1.1.pdf">https://www.orienteeing.co.za/wp-content/uploads/2021/01/SAOF-COVID19-Guidelines_Aug2020-v1.1.pdf</a></li> </ul>

Entries	
Go to <a href="http://www.orienter.co.za">www.orienter.co.za</a> (on PC or Mobile Device) to enter, create a profile if you don't have one <b>PRE-ENTRY ONLY and limited to 250 entries</b>	
Entries Open	3rd March
Entries Close	11th March - midnight
Start Times can be selected when you enter online, if you don't select one , one will be assigned to you	

Courses		
Men	3.1km	Technical Navigation
Women	2.8km	Technical Navigation
Explorer	2.5km	Easier Navigation

Times		
Starts	09:30-11:30	<b>NB:</b> Go directly to the start no more than 15 minutes before your start time (which you select when you enter). EMIT cards rented can be collected at a table at the start.

Costs		
	SAOF Members	Non-SAOF Members
Individual	R100.00	R120.00
Juniors/Students	R60.00	R80.00
Groups (2 people)	R120.00	R140.00
Additional Group Members (per person - max of 4 people per group)	R20.00	R20.00

Please include the names and surnames of all group members as security will only allow entry to The Campus for people on the registration list.

General Information	
For more information about Orienteering or the Rand Orienteering Club visit our website <b><a href="http://www.roc.org.za">www.roc.org.za</a></b>	
Planner	Stephanie Mulder - 082 905 2588 stephcrone@gmail.com
Controller	Elaine O'Connell - 082 820 5428 elaineoconn@gmail.com