

Event Details

Sunday - 2nd May 2021

Southdowns College



1297 John Vorster Dr, Doringkloof, Centurion, 0062

What3Words: <https://w3w.co/trooper.roofer.builds>

Parking at : Open Window School



www.roc.org.za

What is Orienteering

A competitive or non-competitive recreational activity in which participants use a map and compass to navigate between checkpoints along an unfamiliar route.

COVID-19 Precautions

- Screening questionnaire must be answered on entry and you may also be required to provide additional information on the day
- Masks to be worn at all times except while out running your course
- There will be no prize giving, please leave the area as soon as you have completed your run no gatherings to discuss your course.
- There will be no registration table, proceed directly to the start where you will be checked in by the official on duty.
- https://www.orienteering.co.za/wp-content/uploads/2021/01/SAOF-COVID19-Guidelines_Aug2020-v1.1.pdf

Entries

Go to www.orienter.co.za (on PC or Mobile Device) to enter, create a profile if you don't have one

PRE-ENTRY ONLY and limited to 250 entries

Entries Close

Thursday 29th April - midnight

Start Times can be selected when you enter online, if you don't select one, one will be assigned to you

Courses

Men	3.1km	Technical Navigation
Women	2.8km	Technical Navigation
Explorer	2.5km	Easier Navigation

Times

Starts	09:00-11:30	NB: Go directly to the start no more than 15 minutes before your start time (which you select when you enter). EMIT cards rented can be collected at a table at the start.
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Costs

	SAOF Members	Non-SAOF Members
Individual	R100.00	R120.00
Juniors/Students	R60.00	R80.00
Groups (2 people)	R120.00	R140.00

General Information

For more information about Orienteering or the Rand Orienteering Club visit our website www.roc.org.za

Planner/Mapper

Ian Bratt

Controller/Asst Mapper

Craig Ogilvie - 082 336 2489 - cpogilvie@gmail.com