



# **SA Orienteering Championships 2022**

23 - 25 September 2022

# **Kings Kloof & Rocky Valley**

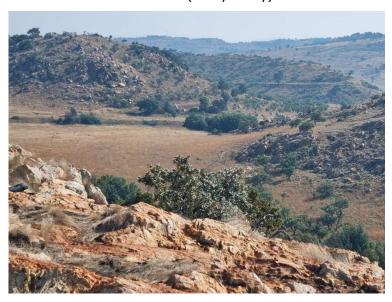
## **Krugersdorp – Gauteng Province**

# **Bulletin 2**

Organised by the Rand Athletic Club Orienteers (RACO)

On behalf of the SA Orienteering Federation

Areas with kind permission of the Louw Geldenhuis Family (Laurentia) and Derek and Anneke Schroeder (Rocky Valley)



Mapper / Planner: Paul Wimberley

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Website: www.racorienteers.co.za

**Competition area**: The competition area for the Middle distance event will be Kings Kloof (Laurentia Farm) while Rocky Valley hosts both the Long distance and Relay events. The terrain comprises a mix of open bushveld, thickets of black wattle with undergrowth in areas. The underlying geology is a mix of rocky ridge lines, open stony areas and steep cliffs. There is one main river running the length of the mapped area. There are numerous hiking and mountain bike trails covering the entire area.



### **Provisional Programme:**

Date:	Time:	Event:	Venue:	
Friday 23 September	12:00	Registration	Kings Kloof mountain and hiking	
	13:00	SA Middle Distance Champs	trails parking	
	15:30	Courses close		
Saturday 24 September	09:00	Registration	Rocky Valley Christian Camp	
	10:00	Long Distance Champs		
	14:00	Courses close		
	15:00	SAOF AGM / Social Braai	Rocky Valley (Note: No alcohol	
			allowed on premises)	
Sunday 25 September	08:00	Registration	Rocky Valley Christian Camp	
	09:00	SA Champs Relay		
	12:00	Prize-giving		

**Event Centres:** Registration for the Middle distance event will be at the Kings Kloof parking area. For the Long distance and Relay, Registration will be at the Rocky Valley Christian Camp.

**SAOF AGM & Social Braai:** Rocky Valley Camp (Day 2). Details in the Final Bulletin.

**SA Relay Championships:** Club Relay Championship: teams of three competitors from the same SAOF affiliated or overseas club (with at least one non-M21A/E); 3 medium legs. Ad Hoc Relay: teams of any three competitors regardless of age, affiliation or class; 3 medium legs. Entry Details in the Final Bulletin

Entries: Entries open 1 August and close 11 September 2022

Entries only available through: www.Orienter.co.za

**Entry Fees:** 

	Seniors:	Juniors (<21):	Groups:	
Two Days (Mid & Long)	ZAR380.00	ZAR300.00		
Middle Distance Only	ZAR190.00	ZAR150.00		
Long Distance Only	ZAR190.00	ZAR150.00		
Novice (per day)	ZAR100.00	ZAR50.00	ZAR150.00	
Emit Card Hire (per day)	ZAR20.00			
Relay	ZAR300.00 per Team			

NB - Entry Fees are payable in full before entry deadline. Non-payment will exclude entry

Classes: M/W21(E),M/W12, M/W16, M/W20, M40, M50, M60, M70,

M80, W35, W45, W55, W65, W75 and M/W21A (non-championship)

Novice courses are available both days - LN, SN

### **Restrictions:**

All competitors that are South African Citizens or Residents, competing on the Championship courses at the South African Championships, are eligible for trophies and medals. The one exception is visiting (overseas) orienteers or recent arrivals in South Africa (less than 3 months) who may compete on championship courses, but are not eligible for trophies. SAOF Competition Rule 4.3.

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### General map of the area

**Embargoed areas:** With immediate effect the whole of Kings Kloof hiking and mountain biking trails as well as Rocky Valley Christian camp are out of bounds. Failure to comply with this rule will lead to exclusion from the competition .

**Climate:** The climate is moderate at this time of the year, with average temperature ranging from 8°C at night to 23°C during the day. Any rainfall is unlikely for this early spring period.

**Hazards:** There are no dangerous animals in the competition area, although competitors may encounter various species of buck, jackals, baboons, monkeys and other small animals. Snakes (including venomous ones) are found in the area but they will usually get out of the runners way. No incidents have been reported due to snakes in similar areas used for Orienteering in South Africa. Ticks are prevalent in the area – appropriate repellant is advised.

**Visa Requirements**: Most visitors to South Africa are not required to obtain visas in advance. For further information visit: www.southafrica.info/travel/documents/visas.htm

### **Accommodation:**

There is no accommodation available at either of the two competition venues. For other accommodation in the Cradle of Mankind please visit the following websites, which list a variety of accommodation: <a href="https://www.safarinow.com">www.safarinow.com</a> and <a href="https://www.safarinow.com">www.lekkerslaap.co.za</a>

**Transport**: No official transport will be offered. Overseas competitors are advised to hire a car from one of the recognised car hire companies in SA

**Competition clothing**: There is no restriction on competition clothing. However, leg protection is advised for all three events.

**Opportunities for training**: There are opportunities for training in the month leading up to the Championships. These are **Mohales Mountain Marathon (4 September)**, and a **Scatter Run at Hazeldean near Pretoria (18 September)**. Please contact the organisers for further details.

**Electronic Timing System:** The EMIT timing system will be used. EMIT cards will be available for hire for the entire event. (Indicate requirement on Entry)

**Start Lists:** Will be published in the Final Bulletin and on the official website a week before the event.

**Results:** Full results will be available at the Event Centre and on the official website as soon as practicable after each competition closes. For live results – go to MULKA2 CLOUD <a href="https://jp.mulka2.com:8443/cloud/live/">https://jp.mulka2.com:8443/cloud/live/</a>

**Refreshments:** There will not be any catering at the event on any of the three days. Competitors to provide own refreshments (**Strictly no alcohol allowed on the premises**!)

**Toilets:** There are toilet facilities at the Event Centres Day 1, Day 2 & 3.

**Medical:** There will only be First Aid available at the Event Centres, throughout the competition. The nearest fully equipped hospital is situated at: **NETCARE PINEHAVEN - Corner R28 / N14 Phone: (011) 950 5400 GPS: -26.1160960, 27.9642112**