

South African Orienteering Championships



Bulletin 3

22-24th September 2018



Organised by the Rand Orienteering Club

Saturday 22nd September:	SA Champs Club Relay	Woodbush Plantation, Haenertsburg, Limpopo
Sunday 23rd September:	SA Champs Long Distance	Iron Crown Plantation, Haenertsburg, Limpopo
Monday 24th September:	SA Champs Middle Distance	Turfloop Nature Reserve, Mankweng, Limpopo

Times:	Saturday	Registration / Info:	12h00 – 12h30	
		Competitor Briefing:	12h30	
		Mass Start:	12h45	Maximum Time Limit: 3h00
		SAOF AGM:	17h00 onwards	
	Sunday	Registration / Info:	09h30 – 10h30	
		Starts:	10h00 – 11h30	Maximum Time Limit: 3h00
		Social Event:	16h30 onwards	
	Monday	Registration / Info:	07h30 – 08h00	
		Starts:	08h00 – 09h00	Maximum Time Limit: 2h30
		Prize Giving:	between 11h00 and 11h30	

Haenertsburg: Known as the capital of the Land of the Silver Mist, Haenertsburg lies between Polokwane and Tzaneen on the slopes of the Wolkberg. The village nestles under the granite massif of the Iron Crown, the highest mountain in the Limpopo province at 2126m. It is surrounded by lush plantations and indigenous forests that encourage the town's two main commercial activities; forestry and tourism. The region is also known for its fruit production of blueberries, avocados, kiwi fruit as well as oranges at lower altitudes. About 10km to the east is the Magoebaskloof pass, which plunges over the main escarpment to the Lowveld region and the town of Tzaneen. The escarpment forests have some of the wettest weather in South Africa and are host to an incredible variety of birdlife. The town is accessible on an extremely good tar road, the R71, either from Polokwane or from Tzaneen.



Maps: **Woodbush Plantation and Turfloop Nature Reserve:** Printed on waterproof synthetic paper. 1:10'000 with 5m contour interval. Surveyed and drawn to ISOM2017 specifications by Nicholas Mulder (ROC) for Big 5 O-Week 2017/2018.



Iron Crown Plantation: Printed on waterproof synthetic paper. 1:10'000 with 5m contour interval. Surveyed and drawn to ISOM2017 specifications by Viktor Dobretsov (RUS) for Big 5 O-Week 2017/2018.

Terrain: **The Iron Crown** is mature open pine forest plantation on top of a plateau landscape. The area is hilly with regular changes of vegetation and undergrowth. There are sporadic rock outcrops on the surface and even a couple of dolomite sinkholes. The forest is moderately sloped at a very high altitude of 1860m to 2126m, making it the highest orienteering map in South Africa.



Woodbush - The terrain is mixed forest plantation, with pine, eucalyptus, redwood, yellowwood and other indigenous trees. The forest compartments are relatively small and thus vegetation will change regularly over the area. The forest is in a very high rainfall area close to an escarpment and thus the footing is quite wet in the valleys. There is very little rock visible on the surface. The forest is gradually sloped at a moderate altitude of 1500 – 1600m.

Turfloop Nature Reserve - A small nature reserve with granite hilltops and mixed bush and savannah grassland close to the city of Polokwane. Some of the bush can be quite thorny and good leg protection is recommended. The area is at a moderate altitude, from 1290m to 1330m above sea level.

Timing: The Emit timing and punching system will be used. Emit cards are available for hire at R20 per day for those who do not own a card. Automatic emit card hire is included for all Relay participants.



Clothing: There is no restriction on competitor clothing. However, leg covering is highly recommended. Ticks are a major issue at all three events, but especially at Woodbush. Please take preventative measures. Thorn bush is also extensive at Turfloop Nature Reserve so hardy shoes are recommended.

Embargo: The venue / competition areas are fully embargoed until after the championships.

Previous maps: There are existing maps for all three areas from the Big 5 2017/2018. These will be on display at registration before the event and on the ROC website.

Eligibility: Competitors on Championship courses must be members of a club affiliated to the SAOF or members of an Orienteering Club outside South Africa. Only members of a club affiliated to the SAOF and who have been resident in South Africa for six months will be eligible for Championship trophies/medals (as per SAOF competition rule 4.1).

Relay Event: Two relay events will take place; the Club Championships and the Ad-hoc Championships. Each event has 3 legs. Distances will be Club Champs Relay (2.5km, 2.5km, 2.5km) and Ad-Hoc relay (2.0km, 2.0km, 2.0km). For club champs eligibility, each member of a team must represent the same club and at least one competitor must not be M21 age category.

Classes: The following classes are available on the Middle and Long Distance Events for Men (M) and Women (W).

- Juniors M/W12, M/W16, , M/W20
- Veteran W35, M40, W45, M50, W55, M60, W65, M70, W75, M80
- Senior M/W21E, M/W21A

Age classes are determined by the participant's year of birth. E.g. M/W20 is 1998 or later, etc. for junior classes, whilst M40 is 1978 or earlier, etc. for veteran classes.

Open Courses: Sunday & Monday: Open Short (orange level) and Open Medium (light green level)

String Course available on all 3 days.

AGM: The SAOF AGM will be held on Saturday afternoon after the Relay. The location will be near Haenertsburg village and will be confirmed in the final bulletin.

Social: A social function (braai) will be held on Sunday afternoon after the Long Distance event and is open to all participants and spectators. The location will be near Haenertsburg village and will be confirmed in the final bulletin.

Entries: Enter at www.OriEnter.co.za for individual events – please ensure your profile date of birth and club are correct.

Please submit entries for Relay directly to the Event Director at nicholas@marquest.co.za. Please liaise with your club captains for entering club relay and ad-hoc teams.

Late Entries will only be available on the Open Courses for the middle and long events.

Pre-Entries for relay, middle and long distance close on Sunday 16 September.

Entry Fees:	<u>Long and Middle Distance Events:</u>	<u>Per Event</u>
	Adult on Championship Courses:	R 150.00
	Junior / Students on Championship Courses:	R 110.00
	Adults on Open Courses Middle / Long:	R 120.00
	Groups on Open Courses (2 maps):	R 200.00
	Emit Hire:	R 20.00
	<u>Relay Events:</u>	<u>Per Team (incl. Emit)</u>
	Team of 3 persons – Club Championship Category	R 200.00
	Team of 3 persons – Ad-Hoc Category	R 200.00

Event Officials:	<u>Event</u>	<u>Planner</u>	<u>Controller</u>
	Relay	Ian Bratt	Nicholas Mulder
	Long	Nicholas Mulder	Mark Vernon
	Middle	Nicholas Mulder	Alex Pope
	Event Director	Nicholas Mulder (082) 898-7871 and nicholas@marquest.co.za	

