

## Mountain Marathon Event

### Mogale's Gate Nature Reserve | Bush Event #6



#### WHEN

**Sunday**                      **4<sup>th</sup> Sept 2022**  
 Registration                08:30 – 09:30  
 Starts                            09:00 – 10:00  
 Prize-Giving & Courses Close   ±13:00



#### WHERE

Mogale's Gate Nature Reserve—  
 Enter at the north gate off R563.  
 What3Words: **step.pots.deep**

#### TECHNICAL STUFF



##### Trophies

Open Men  
 Open Women  
 Junior Men (Age 20 and younger)  
 Junior Women (Age 20 and younger)  
 Veteran Men (M40+)  
 Veteran Women (W35+)  
 Master Men (M50+)  
 Master Women (W50+)  
 Grand Master Men (M65+)  
 Grand Master Women (W65+)

##### Courses:

Courses:	Approx. Length	Approx. Climb
Brown	9.9km	520m
Blue	8.8km	460m
Blue	8.8km	460m
Green	6.0km	290m
Blue	8.8km	460m
Green	6.0km	290m
Green	6.0km	290m
Light Green	4.0km	190m
Green	6.0km	290m
Light Green	4.0km	190m
Orange	3.0km	120m
Yellow	2.0km	90m

Anyone that prefers not to take part in their age class can enter a colour course of their choice.

**Starts:** 3 minute intervals. **Emit will be used.**

**Terrain:** Mix of hilly open land, rough veld, with scattered trees and undergrowth areas.  
 Leg covering strongly recommended.

**Map:** Scale 1:10000 / 5m Contours map on A4.    **Water:** There is NO WATER on the Course.



#### PRE-ENTRY ONLY AT

[www.orienter.co.za](http://www.orienter.co.za)

Entries close 1<sup>st</sup> Sept 2022

Entry fees to the game farm are included in the Orienter entry fee.

	Club Members	Non-Club
Senior (21+)	R160	R180
Juniors/Students	R120	R140
Group (Max. 2)	R180	R200
Add group runners	+R80 each	
Emit Card Hire	+R20	

Participants take part in this event at their own risk and indemnify the organisers, the RACO club, its members and volunteers from any claim arising at, during, around or as a result of this orienteering event. On registration at the event and on payment of your entry fee, you hereby accept that you have read and understood this notice and agree to abide by the terms set out herein.



#### CONTACT ME FOR MORE INFO

Planner/Organiser: Alex Puntigam

[apuntigam@gmail.com](mailto:apuntigam@gmail.com)

082 747 4921

Controller:

Roger Blane

[rogerb@ilc.co.za](mailto:rogerb@ilc.co.za)

083 306 9161