

Orienteering

A competitive or noncompetitive recreational activity in which participants use a map and compass to navigate between checkpoints along an unfamiliar course.



Kaapschehoop Rockery **22 Mar**

Kaapschehoop town, registrations will be inside Angel's Mist Guest House in Kaapschehoop main street.

Technical Info Courses:

Long Medium Short

Distance:

- Terrain:
- +/- 3.4km +/- 2.5km +/- 1.5km
- Boulder fields on gently sloping terrain. Green vegetation is almost non-existant with fast open grassland, however the density of rocks and stony ground will determine running speed. The map will be intricate and navigation will be testing. Scale 1:5000 Contours 5m Map: 5 colour map according to ISOM 2007 Surveyed/drawn by Pieter Mulder and Nicholas Mulder 2015

Timing: Electronic punching and timing system (EMIT)



Entry Fees Individual Junior/Students Groups (max 4) 2nd Map included

Pre-entry All 3 Days R370 R280 R460

Day 01 Entry Only R110 **R80** R140

ENTRIES INCLUDE ACCESS TO AREAS

EMIT Hire is an additional R20 Please do not pay directly into the ROC bank account Please bring torches for the event.

Contact us for more info

For more information about orienteering or about the Rand Orienteering Club, please visit our website www.roc.org.za

Or contact our organizer **Michele Botha** 082 456 5937

Times

Registration: 18h00 to 18h30 Starts: 18h30 to 19h15

Pre-enter online for events at www.orienter.co.za

Entries are closing at 00h00 on 18th March



Orienteering

A competitive or noncompetitive **recreational activity** in which participants use a **map** and **compass** to navigate between **checkpoints** along an **unfamiliar** course.



Nooitgedacht East 23 Mar

Directions from Kaapsehoop: The Nooitgedacht East area is 38km from Kaapsehoop. Drive 14km down to Ngodwana, then 8km west along the N4, turn left off the main road onto a small dirt road, the road marker at this turnoff is N4 41.7E. There will be an orienteering sign.

Proceed up this dirt road for 9km, up two passes, until you reach 'Spaghetti Junction'. Park just beyond at the next junction as indicated.

Technical Info

Courses:	Difficulty:	Distance:	
Brown	Technical 5 / Physical 5	8km	
Blue	Technical 5 / Physical 4	6km	
Green	Technical 4 / Physical 3	4.5km	
Light Green	Technical 3 / Physical 2	3.5km	
Orange	Technical 1 / Physical 1	2.5km	
Kiddies/String	Flagged course for kids	0.5km	
Terrain:	Mature pine forest, gradual slopes a rock detail	nd excellent	
	Scale 1:10'000 Contours 5m		
Мар:	5 colour map according to ISOM 2000		
	Surveyed/drawn by Nicholas Mulder	2014/2015	
Timing:	Electronic punching and timing system (EMIT)		





Entry Fees

Individual Junior/Students Groups (max 4) - 2nd Map included Pre-entry All 3 Days R370 R280 R460 Day 02 Entry Only R130 R100 R160

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Or contact our organizer Michele Botha 082 456 5937

Times

Registration:10h00 to 11h00Starts:10h30 to 11h30Running time:+/- 3 hours

Pre-enter online for events at **WWW.0rienter.co.za**

Entries are closing at 00h00 on 18th March



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Elandshoogte - 24 Mar

Directions from Kaapschehoop: Allow 1 hour. From Kaapschehoop, drive the 14km down to Ngodwana. Cross over the N4 and continue straight past the petrol station/shopping centre. Go past SAPPI offices and continue up Clivia Pass, checking in at the security gate at the bottom. The pass is 28km of winding uphill, but at least its tarred!

At the top of the pass/end of the tarred road, follow the O signs and park as directed.

Technical Info

Courses:	Difficulty:	Distance:	
Brown	Technical 5 / Physical 5	5.5km	
Blue	Technical 5 / Physical 4	4.7km	
Green	Technical 4 / Physical 3	4km	
Light Green	Technical 3 / Physical 2	2.8km	
Orange	Technical 1 / Physical 1	2km	
Kiddies/String	Flagged course for kids	0.4km	
Terrain:	Mature pine forest, gradual slopes and excellent rock detail		
	Scale 1:10'000 Contours 5m		
Мар:	5 colour map according to ISOM 200	00	
	Surveyed/drawn by Ian Bratt 2013		
	Updated in 2019		
Timing:	Electronic punching and timing syste	em (EMIT)	





Entry Fees

Individual Junior/Students Groups (max 4) - 2nd Map included

Pre-entry All 3 Days R370 R280 R460

Day 03 Entry Only R130 R100 R160

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Or contact our organizer Michele Botha 082 456 5937

Times

Registration:09h30 to 10h00Starts:10h00 to 11h00Running time:+/- 2 and a half hoursPrize-giving:+/- 13h00

Pre-enter online for events at

www.orienter.co.za

Entries are closing at 00h00 on 18th March