



Gauteng Orienteering Championships & South African Sprint Orienteering Champs

Bulletin 1

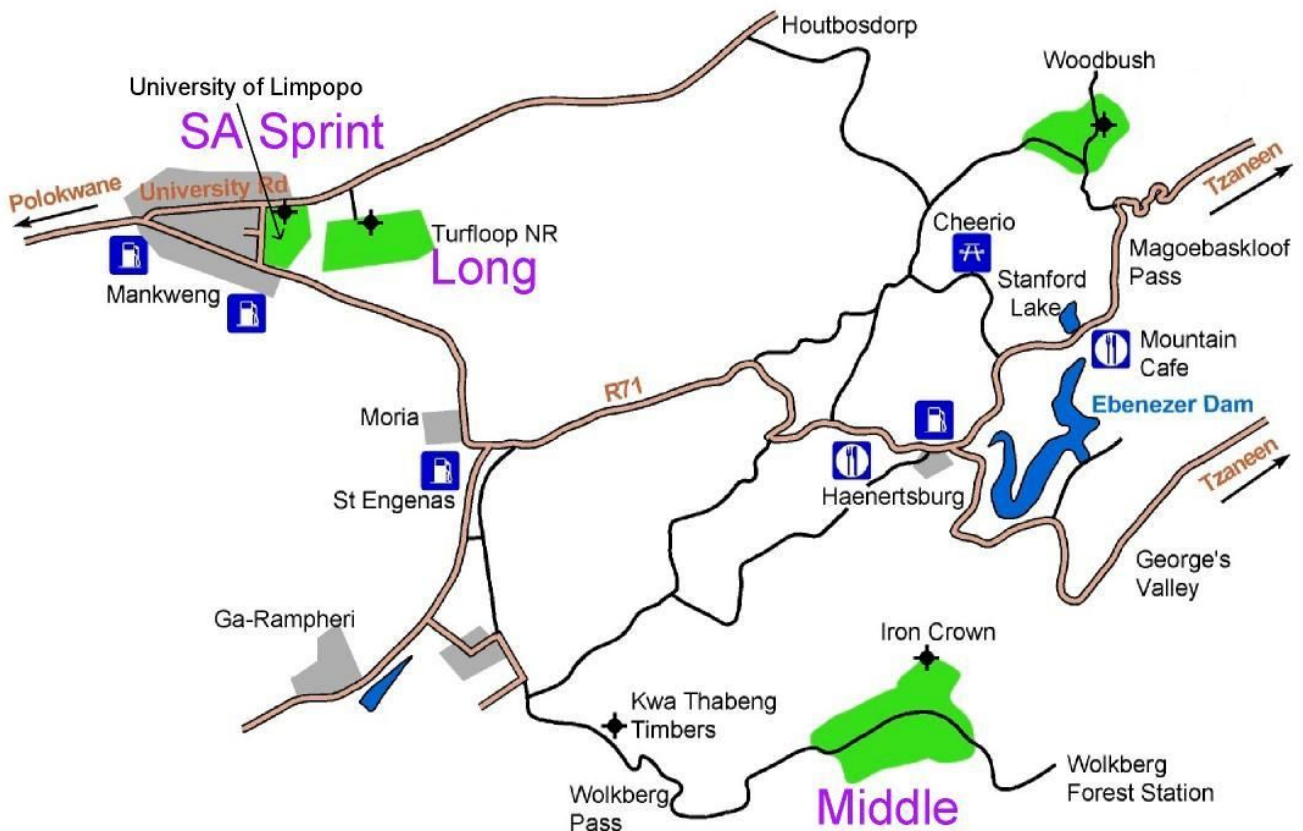
15th – 17th June 2019

Organised by the
Rand Orienteering Club & Polokwane Orienteering Club



Saturday 15th June:	SA Sprint O Champs	University of Limpopo <i>Mankweng, Limpopo</i>
Sunday 16th June:	GOC Middle Distance	Paardevlei <i>Iron Crown, Limpopo</i>
Monday 17th June:	GOC Long Distance	Turfloop Nature Reserve <i>Mankweng, Limpopo</i>

Times: Saturday	Registration / Info: 12h00 – 12h30		
	Starts: 13h00 – 14h30	Maximum Running Time:	1h30
Sunday	Registration / Info: 09h30 – 10h30		
	Starts: 10h00 – 11h30	Maximum Running Time:	2h30
	Social Event:	???	
Monday	Registration / Info: 07h30 – 08h00		
	Starts: 08h00 – 09h00	Maximum Running Time:	3h00
	Prize Giving: 12h30		



Haenertsburg: Known as the capital of the Land of the Silver Mist, Haenertsburg lies between Polokwane and Tzaneen on the slopes of the Wolkberg. The village nestles under the granite massif of the Iron Crown, the highest mountain in the Limpopo province at 2126m. It is surrounded by lush plantations and indigenous forests that encourage the town's two main commercial activities; forestry and tourism. The region is also known for its fruit production of blueberries, avocados, kiwi fruit as well as oranges at lower altitudes. About 10km to the east is the Magoebaskloof pass, which plunges over the main escarpment to the Lowveld region and the town of Tzaneen. The escarpment forests have some of the wettest weather in South Africa and are host to an incredible variety of birdlife. The town is accessible on an extremely good tar road, the R71, either from Polokwane or from Tzaneen.



Accommodation: <http://www.magoebasklooftourism.co.za/>

www.safarinow.co.za

www.wheretostay.co.za

Maps:

University of Limpopo: Printed on waterproof synthetic paper. 1:4000 with 2m contour interval. Initially surveyed and drawn to ISSOM 2007 by Dave Peel for the Big 5 O-week 2017/18.

Paardevlei The Iron Crown: Printed on waterproof synthetic paper. 1:10'000 with 5m contour interval. Surveyed and drawn to ISOM2017 specifications by Viktor Dobretsov (RUS) for Big 5 O-Week 2017/2018.

Turfloop Nature Reserve: Printed on waterproof synthetic paper. 1:10'000 with 5m contour interval. Surveyed and drawn to ISOM2017 specifications by Nicholas Mulder (ROC) for Big 5 O-Week 2017/2018.

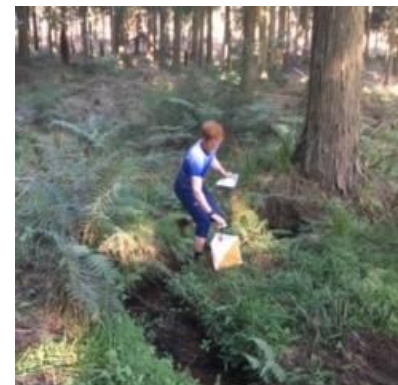


Terrain:

University of Limpopo: Complex university campus with a variety of buildings, open areas and rocky koppies. The area is generally fast running with complex detail.

Paardevlei The Iron Crown: is mature open pine forest plantation on top of a plateau landscape. The area is hilly with regular changes of vegetation and undergrowth. There are sporadic rock outcrops on the surface and even a couple of dolomite sinkholes. The forest is moderately sloped at a very high altitude of 1860m to 2126m, making it the highest orienteering map in South Africa.

Turfloop Nature Reserve - A small nature reserve with granite hilltops and mixed bush and savannah grassland close to the city of Polokwane. Some of the bush can be quite thorny and good leg protection is recommended. The area is at a moderate altitude, from 1290m to 1330m above sea level.



Timing: The Emit timing and punching system will be used. Emit cards are available for hire at R20 per day for those who do not own a card.

Clothing: There is no restriction on competitor clothing. However, leg covering is highly recommended. Ticks are a major issue at all the Middle and Long events. Please take preventative measures. Thorn bush is also extensive at Turfloop Nature Reserve so hardy shoes are recommended.

Embargo: The venue / competition areas are fully embargoed until after the championships.



Previous maps: There are existing maps for all three areas from the Big 5 2017/2018. These will be on display at registration before the event and on the ROC website.

Eligibility: Competitors on Championship courses must be members of a club affiliated to the SAOF or members of an Orienteering Club outside South Africa. Only members of a club affiliated to the SAOF and who have been resident in South Africa for six months will be eligible for Championship trophies/medals (as per SAOF competition rule 4.1).

Classes: The following classes are available on the SA Sprint, Middle and Long Distance Events for Men (M) and Women (W).

- Juniors M/W12, M/W16, M/W20
- Veteran W35, M40, W45, M50, W55, M60, W65, M70, W75, M80
- Senior M/W21E, M/W21A
- **Open Courses:**
 - o Saturday (Sprint) : Explorer
 - o Sun & Mon : Open Short (orange level) and Open Medium (light green level)

Age classes are determined by the participant's year of birth. E.g. M/W20 is 1999 or later, etc. for junior classes, whilst M40 is 1979 or earlier, etc. for veteran classes.

String Course available on all 3 days.

Social: A social function (braai) will be held on Sunday afternoon after the Long Distance event and is open to all participants and spectators. The location will be near Haenertsburg village and will be confirmed in the final bulletin.

Entries: Enter at www.OriEnter.co.za – please ensure your profile date of birth and club are correct. Please note the GOC Champs and Sprint Champs are separate events on OriEnter but can be paid together using the **Outstanding Payments** button on the home page.

Late Entries will only be available on the Open Courses for the middle and long events.

Pre-Entries for SA Sprint, middle and long distance close on Sunday 9th June.

Entry Fees:

Entry Type	Saturday 15th SA Champs Sprint Distance	Sunday 16th GOC Champs Middle Distance	Monday 17th GOC Champs Long Distance
Adults on Championship Classes	R 100.00	R 165.00	R 165.00
Junior / Students on Championship Classes	R 60.00	R 125.00	R 125.00
Adults on Explorer / Open	R 90.00	R 130.00	R 130.00
Juniors /Students on Explorer / Open	R 60.00	R 90.00	R 90.00
Group on Explorer / Open (2 Maps)	R 120.00	R 220.00	R 220.00
Emit Hire	R 15.00	R 20.00	R 20.00

Event Officials:	<u>Event</u>	<u>Planner</u>	<u>Controller</u>
	Sprint	Ephraim Chuene	Ian Bratt
	Long	Eugene Botha	Ian Bratt
	Middle	Brain Gardner	Alex Pope

Event Director: Craig Ogilvie admin@roc.org.za 082-3362489