



Orienteering

A competitive or noncompetitive **recreational activity** in which participants use a **map** and **compass** to navigate between **checkpoints** along an **unfamiliar** course.



B'sorah Farm - 3 June Long-O

From **Johannesburg**, travel north on the R512 (Malibongwe/Pelindaba Road) towards Breoderstroom. At the T-Junction with the R102 at the Sasol garage, turn left effectively staying on the R512. After 4.0km turn left onto the R3/400 (Hartbeeshoek satellite road). B'sorah Farm and O signs will be on the left after 9.3km.

Technical Info

Courses:

| | |
|--|--------|
| Brown/Open men | 12.0km |
| Blue/Open ladies/ Vet men | 9.0km |
| Green/Vet ladies/Master men | 7.0km |
| Light Green/Master ladies/Grandmaster men/ladies | 5.5km |
| Orange | 2.0km |
| Kiddies/String | +/-1km |

Terrain: Bushveld cattle farm with intricate rock detail on koppies, a good path network and patches of dense vegetation

Map: 5-colour map according to ISOM 2000
1:10 000 scale, 5m contours

Surveyed and drawn by Nicholas Mulder 2016
Timing: Electronic punching and timing system (EMIT)

Distance:



Entry Fees

| | SAOF Club Members | Non-Club Member |
|--------------------------------|-------------------|-----------------|
| Individual | R100 | R120 |
| Junior/Students | R60 | R80 |
| Groups (max 4) | R120 | R140 |
| - 2 nd Map included | | |

All **on the day entries** will be R140 per person

EMIT Hire is an additional R20

Please **do not** pay directly into the ROC bank account

Contact us for more info

For more information about **orienteering** or about the **Rand Orienteering Club**, please visit our website www.roc.org.za

Or contact our organizer

Michele Botha

082 456 5937

Times

Registration: 09h00 to 09h30
Starts: 09h30 to 10h30
Prize giving: +/- 12h30

Pre-enter online for events at www.orienter.co.za

Entries are closing at 00h00 on Thursday, 31st May