



# Orienteering

A competitive or noncompetitive **recreational activity** in which participants use a **map** and **compass** to navigate between **checkpoints** along an unfamiliar course.



## Edenvale High – 14 April

### Urban Series #7

From the N3, take the Linksfield Road exit and head east towards Edenvale. Travel along Linksfield Road for about 1.5km and the school will be on your left. Follow the signs to the parking. Do not use the main gate. Please use the main parking lot entrance, on your left, after the main gate.

### Technical Info

#### Courses:

Explorer/Novice  
Men  
Women  
Kiddies/String

#### Distance:

±2km Fun Course  
±3.5km  
±3km  
400m

#### Terrain:

School grounds, with detailed buildings and passages

#### Map:

Drawn to ISSOM. Updated 2019 by Sarah Pope

#### Timing:

Electronic punching and timing system (EMIT)

### Times

Registration:  
Starts:  
Prize giving:

08h30 to 09h30  
09h00 to 10h00  
+/- 11h00



### Entry fees

Individual  
Juniors/Students  
Groups (max 4)  
- 2nd Map included

#### SAOF Club Members

R90  
R70  
R100

#### Non-Club Member

R110  
R90  
R120

All **on the day entries** will be R120 per person

**EMIT Hire** is an additional R15

Please **do not** pay directly into the ROC bank account

### Contact us for more info

For more information about **orienteering** or about the **Rand Orienteering Club**, please visit our website [www.roc.org.za](http://www.roc.org.za)

Or contact our organiser - **Sarah Pope**  
084 640 7110 / [sarpope@gmail.com](mailto:sarpope@gmail.com)

Pre-enter **online** for events at

[www.orienter.co.za](http://www.orienter.co.za)

Entries are **closing** at  
Mid-night, Thursday 11 April.