

Event Details - Urban Series #7 for 2023

Saturday 6th May 2023

The Country Club, Johannesburg (Woodmead)



What3Words: ///weeks.burying.towns

GPS: S 26.0517° E 28.0794°

What is Orienteering

A competitive or non-competitive recreational activity in which participants use a map and compass to navigate between checkpoints along an unfamiliar route. For more information about Orienteering or the Rand Orienteering Club visit our website www.roc.org.za

Important information **NB NB**

- This is a Saturday night event, don't forget to bring a strong headlamp.
- EMIT cards rented and control descriptions will be available at registration table.
- There will be no water tables on the course, please ensure you carry your own water if you require.
- The area has sections of long grass and bush, so leg covering is advised.
- Final instructions and info will be sent to entered competitors on the Friday before the event.
- The Country Club will be selling drinks, Hot Soup (R65) and Borewors Rolls (R65) at the event arena.

Entries

Go to www.orienter.co.za (on PC or Mobile Device) to enter, create a profile if you don't have one

PRE-ENTRY ONLY and limited to 500 entries

Entries Open

21 April 2023

Entries Close

Thursday 4th May @ 23h59 (midnight)

Start Times can be selected when you enter online, if you don't select one, one will be assigned to you. If you don't own an Emit Card for event timing, you can rent one when you enter online.

Courses	Dist (Climb)	Winning times
Mens Course – Technical Navigation	±3.6kms (±100m)	25 mins
Womens Course – Technical Navigation	±3.1kms (±80m)	25 mins
Explorers Course – Moderate Navigation	±2.5kms (±40m)	25 mins

Times

Starts

18:30-19:30

NB: Please arrive at the start about 10 mins before your start time. Expect a ±5 minute walk from the arena to the start.

Prize Giving

20:30

Costs

	SAOF Members	Non-SAOF Members	EMIT card hire
Individual	R140.00	R160.00	+R20
Juniors/Students & u25's	R110.00	R130.00	+R20
Groups (max of 4 people)	R170.00	R190.00	+R20

General Info

For more information about orienteering or joining the Rand Orienteering Club visit our website www.roc.org.za

Planner: Sarah Roffe

Controller: Nicholas Mulder - 082 898 7871. nicholas@marquest.co.za