


Event Details	
27th June 2021	
B'Sorah Farm - Mountain Marathon Champs	
What3Words: ///bifocal.evaluate.unsure	



*Rand
Orienteering
Club*
www.roc.org.za

What is Orienteering
A competitive or non-competitive recreational activity in which participants use a map and compass to navigate between checkpoints along an unfamiliar route.

COVID-19 Precautions
<ul style="list-style-type: none"> • Screening questionnaire must be answered when you enter and you may also be required to provide additional information on the day. • Masks to be worn at all times except while out running your course. • There will be no prize giving, please leave the area as soon as you have completed your run. No gatherings to discuss your course. • There will be no registration table, proceed directly to the start where you will be checked in by the official on duty. • Final event details and additional information will be sent out on the Friday before the event. • https://www.orienteeing.co.za/wp-content/uploads/2021/01/SAOF-COVID19-Guidelines_Aug2020-v1.1.pdf

Entries	
Go to www.orienter.co.za (on PC or Mobile Device) to enter, create a profile if you don't have one PRE-ENTRY ONLY and limited to 250 entries	
Entries Open	14th June 2021
Entries Close	24th June @ 23h59 (midnight)
Start Times can be selected when you enter online, if you don't select one , one will be assigned to you	

Classes	Dist (Climb)	Comments
Open Men (Brown Course)	10.9 km (430m)	Open to All
Open Women (Blue Course)		Only Open to Women of any Age
Junior Men (Age 20- Blue Course)		Men Aged 20 and Under
Junior Women (Age 20- Green Course)		Women Aged 20 and Under
Veteran Men (Age 40+ Blue Course)		Men Aged 40+
Veteran Women (Age 35+ Green Course)		Women Aged 35+
Masters Men (Age 50+ Green Course)		Men Aged 50+
Masters Women(Age 50+ Light Green Course)		Women Aged 50+
Grand Masters Men (Age 65+ Green Course)		Men Aged 65+
Grand Masters Women (Age 65+ Light Green Course)		Women Aged 65+
Blue	8.0 km (310m)	Open to anyone that does not want to take part in their age class
Green	6.0 km (190m)	
Light Green	4.0 km (105m)	
Orange	3.0 km (65m)	
Yellow	1.8 km (35m)	

Times		
Starts	09:00-11:00	NB: Go directly to the start no more than 15 minutes before your start time (which you select when you enter). EMIT cards rented can be collected at a table at the start.

Costs		
	SAOF Members	Non-SAOF Members
Individual	R130.00	R150.00
Juniors/Students	R90.00	R110.00
Groups (2 people)	R180.00	R200.00

Additional Group Members (per person - max of 4 people per group)	R50.00	R50.00
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Please include the names and surnames of all group member, this is a COVID requirement as well entry to the Farm

General Information

For more information about Orienteering or the Rand Orienteering Club visit our website **www.roc.org.za**

Planner	Nicholas Mulder - 082 898 7871 nicholas@marquest.co.za
Controller	Brian Gardner - 083 564 9445 briangardner1984@gmail.com