

# Orienteering

A competitive or noncompetitive **recreational activity** in which participants use a **map** and **compass** to navigate between **checkpoints** along an unfamiliar course.



# Pretoria Botanical Gardens Urban 4 - 1st March

**Directions:** From the Johannesburg region: From Johannesburg take the N1 north to Pretoria East. Proceed until the Lynnwood off-ramp. Cross back over the highway and turn first left into Meiring Naude. Follow until Cussonia Road, then turn left. The venue is well signposted.

GPS co-ordinates: -25.739677, 28.273321 Maps Link:

https://goo.gl/maps/GRk3NxEbcf62

2.4km Fun Course

Distance:

4.3km

3.8km

600m

## Technical Info

Courses:

Explorer/Novice

Men Women Kiddies/String

Terrain:

This is an interesting area comprising several different types of terrain including regularly mown lawns, rocky ridges and typical highveld bush. Many paths and walkways cross the area.

Map:

ISSOM (Sprint Specifications). Surveyed and drawn by Nicholas

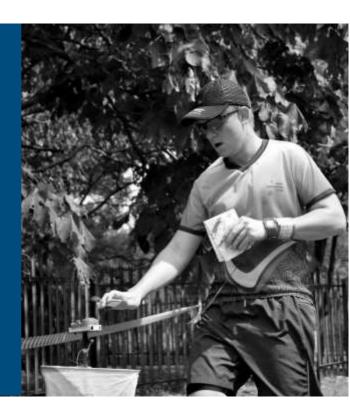
Mulder, 2006, updated 2017

Timing:

Electronic punching and timing system (EMIT)

Times

Registration: Starts: Prize giving: 08h30 to 09h30 09h00 to 10h00 +/- 11h00





### Entry fees

Individual
Juniors/Students
Groups (max 4)
- 2nd Map included

SAOF Club Members Non-Club Member R100 R120

R60 R80 R140 R160

Entrance to Botanical Gardens NOT included

All **on the day entries** will be R120 per person **EMIT Hire** is an additional R15

Please **do not** pay directly into the ROC bank account

#### Contact us for more info

For more information about **orienteering** or about the **Rand Orienteering Club**, please visit our website **www.roc.org.za** 

Or contact our organiser - **Ewan Botha** ewan@novatelegal.co.za

Pre-enter online for events at

#### www.orienter.co.za

Entries are **closing** at 23h59 on 27<sup>th</sup> February