



sport & recreation
Department:
Sport and Recreation South Africa
REPUBLIC OF SOUTH AFRICA

Gauteng Orienteering Championships 2018 **Incorporating the SA Sprint Championships**

15 – 17 June 2018

North West Province

Bulletin 1 (First Announcement)

Organised by the Rand Athletic Club Orienteers (RACO)
On behalf of the Gauteng Orienteering Clubs
With kind permission Maretlwane Trust and Lebone II College

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Website:	www.racorienteers.co.za	

Proposed Programme

Friday 15th June :	Middle distance (Maretlwane) Starts from 12:00
Saturday 16th June :	SA Sprint Championship (Lebone) Starts from 09:30 12:00 SA Sprint Prize-giving (Lebone) 16:00 Social Bring & Braai (Maretlwane)
Sunday 17th June:	Long Distance (Maretlwane) Starts from at 09:00 13:00 Prize-Giving (Campsite)

Entries

Will be available on www.OriEnter.co.za
From 1 March and close 25 May !
Entry Fees are payable in full before entry deadline

Entry Fees

Entry Options:	Seniors:	Juniors (<21):	Groups:
Gauteng Championship courses for 2 days (Long & Middle)	R300	R200	n/a
Gauteng Championship course for 1 day (Long or Middle)	R160	R110	n/a
SA Sprint Championship Only	R75	R50	R100
Novice (per day) and on the day entries	R120	R50	R150
Emit Card Hire (per day)	R20	R20	R20
* Note that the R100 Conservation Fee per person for the weekend is included in the Entry Fees			

NOTE: All Championship courses are pre-entry only.

Entries on the day can only compete on the Novice (LN and SN) Courses.

Classes

M/W12, M/W16, M/W20, M/W21(E), M40, M50, M60, M70, M80 W35, W45, W55, W65, W75
M/W21A (non-championship) and novice courses for non-SAOF members will be provided on all days.

Championship Eligibility

Competitors on Championship courses must be members of a club affiliated to the SAOF or members of an Orienteering Club outside of South Africa. Only members of a club affiliated to the SAOF and who have been resident in South Africa for six months will be eligible for Championship trophies/medals (as per SAOF competition rule 4.1).

Event Centres

The main event centre is situated at the Maretlwane Wilderness School about 4km south of Mooinooi, just off the N4 to Rustenburg in the North West Province. The Wilderness School Camp is placed within a pristine game conservancy, which lies on the Northern slopes of the Magaliesburg range and is around 35km West of Hartebeespoort Dam. The SA Sprint event takes place at Lebone II College about 50km's from Maretlwane and just North West of Rustenburg.

Competition areas

The **Medium** and **Long Distance** events take place in a 400Ha area, with typical bushveld, indigenous forest, thickly wooded ravines, spectacular rock cliffs and intricate contour detail. The Maretlwane river, which has its origin at Castle Gorge, flows the length of the reserve. The terrain for the **Sprint** event is open school grounds with patches of rough thorny veld.

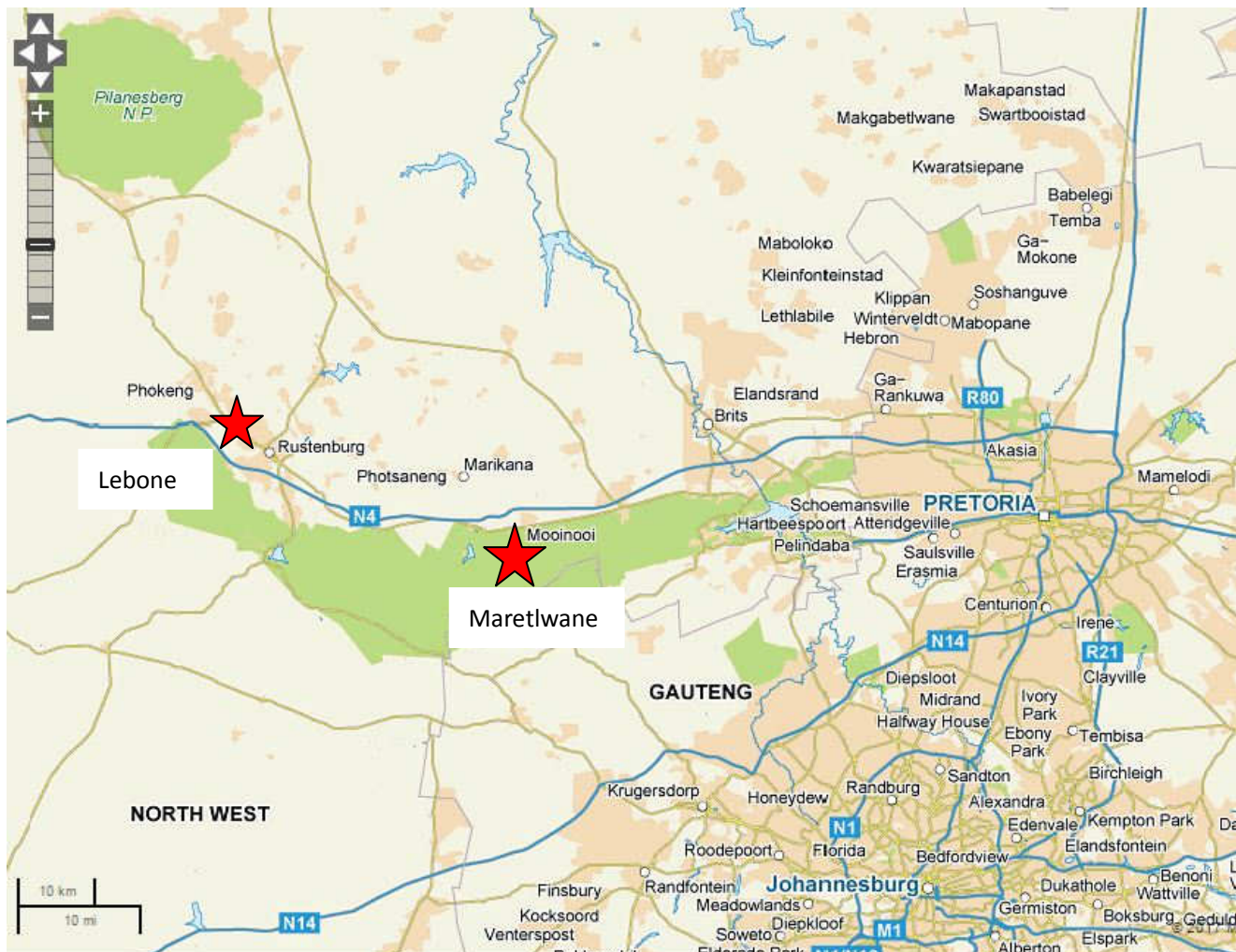
Embargoed areas

With immediate effect the reserve and nearby Castle Gorge and Lebone II College.

As the entire Reserve is being used for competition, competitors are restricted to the confines of the camp-site during non-competition times for the whole duration of the weekend. No sightseeing or swimming in the rock pools will be permitted until the Sunday afternoon. Failure to comply with this rule will lead to exclusion from the competition !

The venue for the Sprint event is also a Parkrun site – and as from the date of the O’ Calendar release in 2017, this Parkrun is embargoed to any Sprint Championship competitor !

General map of the area



Directions to the two venues will be provided in the Final Bulletin

Climate

The climate is moderate at this time of the year, with average temperatures ranging from 2°C at night to 23°C during the day. Little or no chance of rain is expected.

Hazards

There are no dangerous animals in the competition area, although competitors may encounter various species of buck, giraffe, jackals, baboons, monkeys and other small animals.

Snakes (including venomous ones) are found in the area but they will usually get out of the runners way. No incidents have been reported due to snakes in similar areas used for Orienteering in South Africa.

Accommodation (on-site)

There is limited self-catering, accommodation offered at the Campsite. All cabins must be fully occupied (try reserve in groups of four) – sharing will be necessary !. All bedding must be self-provided. Children over 6 years pay full price. Camping will not be allowed. **BOOKINGS ONLY OPEN 1 March**

This accommodation MUST BE BOOKED DIRECTLY WITH MARETLWANE !!! (Not through the Event Organisers). For Bookings Contact : **ANDREA on maretlwane@gmail.com and mention you are competing in the Championsips. Important note – A R100 Conservancy Fee has been included in the Race Entry ! **BOOKINGS ONLY OPEN 1 MARCH****

The **Wilderness School** can sleep up to 56 people at a time in 7 clusters of 8 beds each. Each cluster consists of two comfortable wooden sleeping cabins (each sleeps 4, in separate desk/bunk bed combo units), a cottage which has a gas fridge/freezer, 4-plate gas stove, double sink, dining-room table and chairs, and a lounge area. Each cluster has its own ablution block consisting of 2 toilets, 2 basins, 2 showers (solar heated water), and 2 laundry basins (solar heated water). Braai facilities available. **R190 pppn.**



The **Maretlwane Lodge** is a tastefully furnished, self catering “home in the bush” which provides comfortable accommodation for up to 10 people. Two separate wings share a common living area. Each wing has two bedrooms sharing their own “stoep”, kitchenette, shower and toilet, which makes it semi-independent. The common area has a central fireplace warming two lounges, a dining room and fully equipped kitchen which is serviced daily. A thatched lapa with a wooden deck overlooking the river provides a perfect sunset drinks setting. Next to the lapa is a magnificent braai area with plenty of seating space. The Lodge is off the grid - solar lighting and gas for hot water and cooking add to the bushveld experience, but electrical appliances other than those drawing light current such as cell phone chargers cannot be accommodated. The Event centre can be reached from the Lodge with a short 5 minute walk after crossing the river (wier). **R1375 - 3500 pn total (see below)**



	Nights:	Total Rate/Night:	Linen Provision:
Full Lodge (6-10 guests)	1	R3500	Full
Full Lodge (6-10 guests)	2 or more	R3000	Full
Half Lodge (1-5 guests)	1	R1750	Full
Half Lodge (1-5 guests)	2 or more	R1500	Full
Full Lodge (Basic – 6/10)	2 or more	R2750	Bottom sheet only, no towels
Full Lodge (Basic – 1/5)	2 or more	R1350	Bottom sheet only, no towels

The **Hives Cabins** are a cluster of rustic wooden cabins. Two bedrooms accommodate 6 guests. There is a lounge / kitchen / dining room, toilet, basin and hot shower. Although this is a self-catering facility, the kitchen is fully equipped and has a gas fridge and a two-plate gas cooker. There are two braai areas, one private and one "lapa" area for bigger groups. **R200 pppn.**

Accommodation (other nearby recommended)

ATKV Buffelspoort Resort - www.buffelspoort.co.za / buffelspoort@atkv.org.za Ph:(014) 572 1000

Social

A bring and braai social will be organised at the Campsite for the Saturday afternoon/evening. Braai fires will be provided. Details in the Final Bulletin.

Competition clothing:

There is no restriction on competition clothing. However, leg protection is advised for all three events.

Electronic Timing System

The EMIT timing system will be used. EMIT cards will be available for hire for the entire event. (Indicate requirement on Entry)

Start Lists

These will be published in the Final Bulletin a week before the event

Results

Full results will be available at the Event Centre as soon as practicable after each competition closes

Refreshments

There will be limited catering at the Event Centre each day

Toilets

There are toilet facilities at the Event Centres

Medical

There will be First Aid available at the Event Centres, throughout the competition. The nearest fully equipped hospital is situated in Rustenburg (approximately 30km from the Maretlwane Event Centre)

Indemnity

By entering this event you hereby acknowledge that you compete at your own risk and indemnify the landowners, event organizers, officials and the Rand Athletic Club Orienteers of any responsibility for any loss, injury or damage incurred whilst participating at or between the two venues, Maretlwane and Lebone.