



sport & recreation

Department:
Sport and Recreation South Africa
REPUBLIC OF SOUTH AFRICA

SA Orienteering Championships 2017

23 – 25 September 2017

Maretwane – North West Province

Bulletin 1 (First Announcement)

Organised by the Rand Athletic Club Orienteers (RACO)

On behalf of the SA Orienteering Federation and in partnership with the Department of Sport and Recreation of South Africa.

With kind permission Maretwane Trust

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Event Centre: The event centre is situated at the Maretlwane Wilderness School about 4km south of Mooinooi, just off the N4 to Rustenburg in the North West Province. The Wilderness School Camp is placed within a pristine game conservancy, which lies on the Northern slopes of the Magaliesburg range and is around 35km West of Hartebeespoort Dam.

Competition area: The Medium, Long distance and Relay events take place in a 400Ha area, with typical bushveld, indigenous forest, thickly wooded ravines, spectacular rock cliffs and intricate contour detail. The Maretlwane river, which has its origin at Castle Gorge, flows the length of the reserve.



Proposed Programme:	Saturday 23 Sept :	Middle distance event
	Starts from 12:00	
	Sunday 24th Sept :	Long distance event
	Starts from 09:00	
	16:00	SAOF AGM (Campsite)
	18:00	Braai / Social (Campsite)
	Monday 5th October:	Relay
	Start at 09:00	
	12:00	Prize-Giving (Campsite)

Access: **The gate to the reserve will only be accessible at specified times in the morning and evening – details in Final Bulletin !**

Entries: **Entries open 1 June and close 31 August !**
Entry Fees are payable in full before entry deadline.
Entry details will be available in the next Bulletin.

Classes: M/W21(E),M/W12, M/W16, M/W20, M40, M50, M60, M70, M80 W35, W45, W55, W65 and M/W21A (non-championship)

Novice courses for non-SAOF members will be provided on both days. SN on Saturday and LN on Sunday.

Restrictions

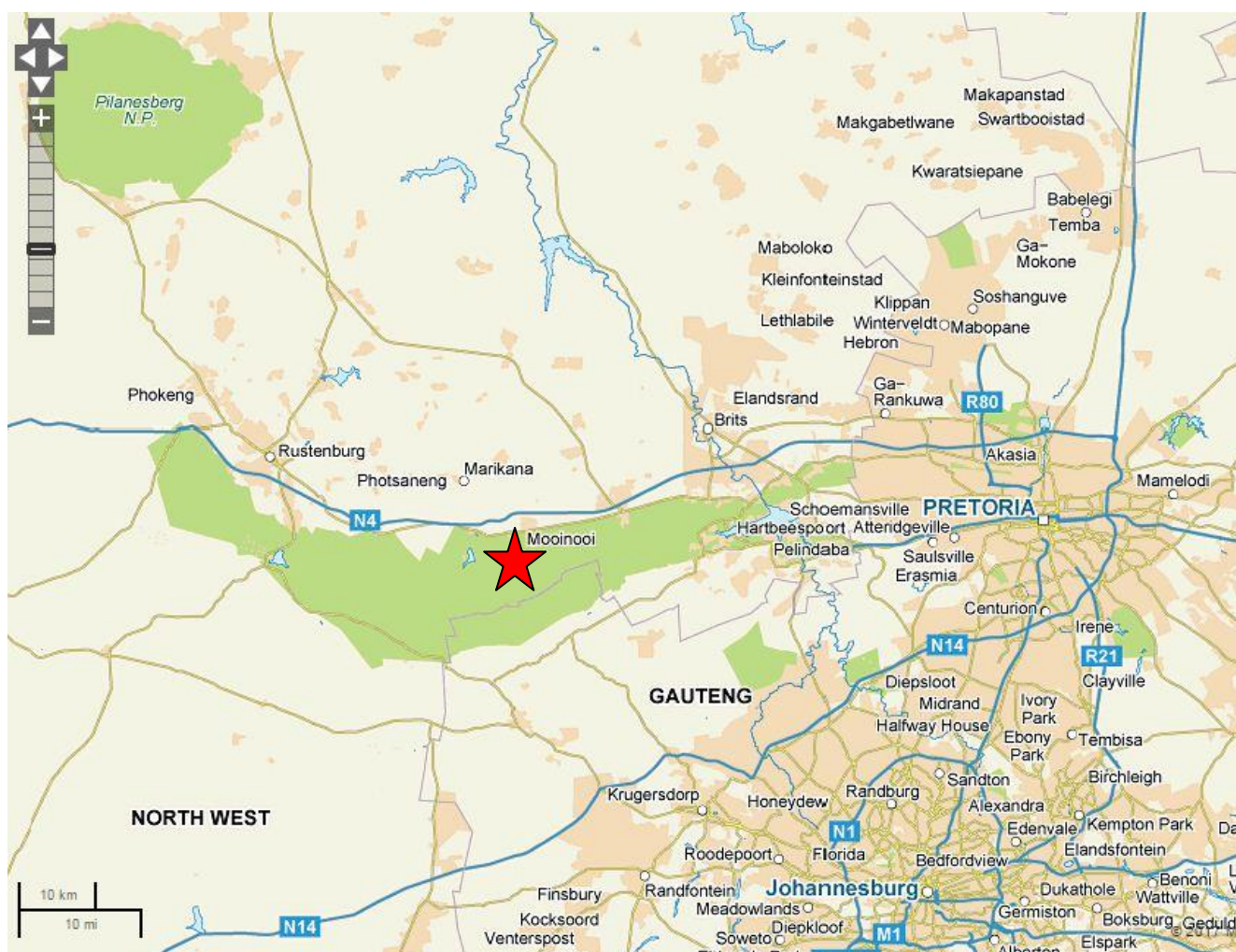
Competitors on Championship courses must be members of a club affiliated to the SAOF or members of an Orienteering Club outside of South Africa. Only members of a club affiliated to the SAOF and who have been resident in South Africa for six months will be eligible for Championship trophies/medals (as per SAOF competition rule 4.1).

SA Relay Championships

Club Relay Championship: teams of three competitors from the same SAOF affiliated or overseas club (with at least one non-M21A/E); 3 medium legs.

Ad Hoc Relay: teams of any three competitors regardless of age, affiliation or class; 3 medium legs.

General map of the area



Embargoed areas: With immediate effect the reserve and nearby Castle Gorge. **Special note: As the entire Reserve is being used for competition, competitors are restricted to the confines of the camp-site during non-competition times for the whole duration of the weekend. No sightseeing or swimming in the rock pools will be permitted. Failure to comply with this rule will lead to exclusion from the competition !.**

Climate: The climate is moderate at this time of the year, with average temperatures ranging from 2°C at night to 23°C during the day. Little or no chance of rain is expected.

Hazards: There are no dangerous animals in the competition area, although competitors may encounter various species of buck, giraffe, jackals, baboons, monkeys and other small animals.

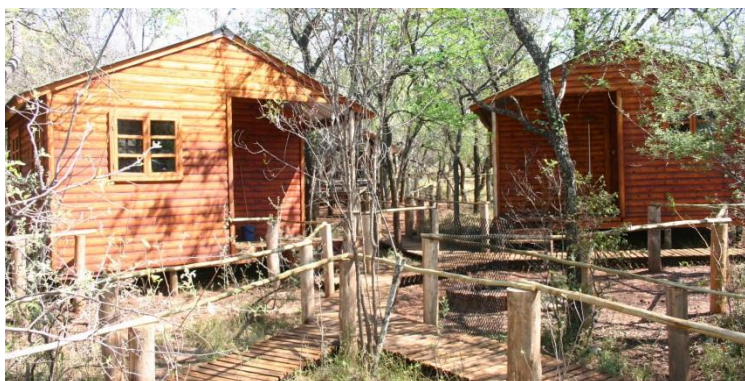
Snakes (including venomous ones) are found in the area but they will usually get out of the runners way. No incidents have been reported due to snakes in similar areas used for Orienteering in South Africa.

Visa Requirements: Most visitors to South Africa are not required to obtain visas in advance. For further information visit : www.southafrica.info/travel/documents/visas.htm

Accommodation (on-site): There is limited self-catering, accommodation offered at the Campsite. All cabins must be fully occupied (try reserve in groups of four) – sharing will be necessary !. All bedding must be self-provided. Children over 6 years pay full price. **Camping will not be allowed.**

This accommodation MUST BE BOOKED DIRECTLY WITH MARETLWANE !!! (Not through the Event Organisers). For Bookings Contact : KARIEN on maretlwane@gmail.com and mention you are competing in the Championsips.

The **Wilderness School** can sleep up to 56 people at a time in 7 clusters of 8 each. Each cluster consists of two comfortable wooden sleeping cabins (each sleeps 4, in separate desk/bunk bed combo units), a cottage which has a gas fridge/freezer, 4-plate gas stove, double sink, dining-room table and chairs, and a lounge area. Each cluster has its own ablution block consisting of 2 toilets, 2 basins, 2 showers (solar heated water), and 2 laundry basins (solar heated water). Braai facilities available. **R175 pppn.**



The **Maretlwane Lodge** is a tastefully furnished, self catering "home in the bush" which provides comfortable accommodation for up to 10 people. Two separate wings share a common living area. Each wing has two bedrooms sharing their own "stoep", kitchenette, shower and toilet, which makes it semi-independent. The common area has a central fireplace warming two lounges, a dining room and fully equipped kitchen which is serviced daily. A thatched lapa with a wooden deck overlooking the river provides a perfect sunset drinks setting. Next to the lapa is a magnificent braai area with plenty of seating space. The Lodge is off the grid - solar lighting and gas for hot water and cooking add to the bushveld experience, but electrical appliances other than those drawing light current such as cell phone chargers



cannot be accommodated. The Event centre can be reached from the Lodge with a short 5 minute walk after crossing the river (wier). **R3000 pn total.**

The **Hives Cabins** are a cluster of rustic wooden cabins. Two bedrooms can each sleep 4 people (one bunk and two single beds in each). There is a lounge / kitchen / dining room, toilet, basin and hot shower. Although this is a self-catering facility, the kitchen is fully equipped and has a gas fridge and a two-plate gas cooker. There are two braai areas, one private and one "lapa" area for bigger groups. **R175 pppn.**

Accommodation (other nearby recommended):

ATKV Buffelspoort Resort - www.buffelspoort.co.za / buffelspoort@atkv.org.za Ph:(014) 572 1000

Social: A catered braai/social will be organised at the Campsite. There is an additional charge for this function. Details in the Final Bulletin.

Opportunities for training: There are no opportunities for training near Mooinooi. However, training opportunities can be made available to overseas competitors in Johannesburg / Pretoria in the weeks prior to the event. Please contact the organisers for further details.

Transport: No official transport will be offered. Overseas competitors are advised to hire a car from one of the recognised car hire companies:

www.avis.co.za www.tempestcarhire.co.za www.hertz.co.za www.budget.co.za

Competition clothing: There is no restriction on competition clothing. However, leg protection is advised for all three events.

Electronic Timing System: The EMIT timing system will be used. EMIT cards will be available for hire for the entire event. (Indicate requirement on Entry)

Start Lists: These will be published in the Final Bulletin and on the official website a week before the event

Results: Full results will be available at the Event Centre and on the official website as soon as practicable after each competition closes.

Refreshments: There will be limited catering at the Event Centre each day

Toilets: There are toilet facilities at the Event Centre.

Medical: There will be First Aid available at the Event Centre, throughout the competition. The nearest fully equipped hospital is situated in Rustenburg (approximately 30km from the Event Centre)

Entry Fees:

	Seniors:	Juniors (<21):	Groups:
Two Days (Mid & Long)	ZAR300.00	ZAR200.00	
Middle Distance Only	ZAR150.00	ZAR100.00	
Long Distance Only	ZAR150.00	ZAR100.00	
Novice (and on the day)	ZAR100.00	ZAR50.00	ZAR150.00
Emit Card Hire (per day)	ZAR10.00		
Relay	ZAR200.00 per Team		

NOTE: Entries on the day can only compete on the Novice (LN and SN) Courses.